

**Gimme 5 Atlanta
R9 - Asking Behaviors Protocol
(Day 6)**

[To be read as written!]

"Today we want to find out what you have asked members of your family about having fruits and vegetables. To do this, we have a questionnaire. Please take out a pencil so we can begin."

[Distribute Asking Behavior questionnaire page; distribute pencils if needed]

"Let's begin. Please write in your name (pause); today's date which is _____, (pause); and your teacher's name on the top of the page."

[Allow time; Rover(s) need(s) to check that students are doing this]

"I will read the instructions at the top of the questionnaire. Please listen carefully and follow along with your finger as I read."

[Read instructions at the top of the questionnaire.]

"You will answer yes if you did what the sentence says. You will darken circle A if you did do what the sentence says. **Or** you will darken circle B if you did not do what the sentence says. **Or** you will darken circle C if you don't have to ask to do what the sentence says."

"You will darken circles only on the blue lines--not on any of the white lines. And you will darken only one circle for each question."

"Are there any questions about what I've said so far?"

[Respond to questions; record]

Let's begin. I will read each item to you. Please follow along with me. Do not try to go faster, but stay with me."

"Number 1 says 'In the last two weeks, did you ask someone in your family to have fruits or vegetables at home for breakfast? Darken circle A if yes, you did do this, or darken circle B if no, you didn't do this, or darken circle C if you don't have to ask because fruits or vegetables are always available for breakfast."

[Allow time; Rover(s) need(s) to make sure students are following along; answering each item with one response (A, B or C); and darkening circles only on the blue lines.]

"Are there any questions?"

[Answer and record questions]

"Okay, let's go on. After I read each item, you need to darken circle A, B or C. Number 2... "

[Read numbers 2 through 4; preface each with "In the last two weeks, did you ask someone in your family to..."; allow time for students to darken their responses. Rover(s) need(s) to check that students are following along; answering each question with one response--A, B or C; and darkening circles only on the blue lines.]

"Okay, let's go on. Number 5 says 'In the last two weeks, did you ask someone in your family to go with them shopping for fruits and vegetables?' Darken circle A if yes, you did do this, or darken circle B if no, you didn't do this, or darken circle C if your family didn't go shopping for fruits or vegetables in the last two weeks."

[Allow time; Rover(s) need(s) to make sure students are following along; answering each item with one response (A, B or C); and darkening circles only on the blue lines.]

Number 6 says 'In the last two weeks, did you ask someone in your family to go to a restaurant or fast food place because it serves fruits and vegetables?' Darken circle A if yes, you did do this, **or** darken circle B if no, you didn't do this, **or** darken circle C if you didn't go to a restaurant or fast food place in the last two weeks."

[Allow time; Rover(s) need(s) to make sure students are following along; answering each item with one response (A, B or C); and darkening circles only on the blue lines.]

Number 7 says 'In the last two weeks, did you ask someone in your family to buy fruits and vegetables?' Darken circle A if yes, you did do this, **or** darken circle B if no, you didn't do this, **or** darken circle C if you don't have to ask them to buy fruits and vegetables because they always do this anyway."

[Allow time; Rover(s) need(s) to make sure students are following along; answering each item with one response (A, B or C); and darkening circles only on the blue lines.]

Number 8 says 'In the last two weeks, did you ask someone in your family to have fruits and vegetables out so you can reach them in your house?' Darken circle A if yes, you did do this, **or** darken circle B if no, you didn't do this, **or** darken circle C if fruits and vegetables are always out so you can reach them in your house."

[Allow time; Rover(s) need(s) to make sure students are following along; answering each item with one response (A, B or C); and darkening circles only on the blue lines.]

Number 9 says 'In the last two weeks, did you write fruits and vegetables on the family grocery list?' Darken circle A if yes, you did do this, **or** darken circle B if no, you didn't do this, **or** darken circle C if your family doesn't have a grocery list."

[Allow time; Rover(s) need(s) to make sure students are following along; answering each item with one response (A, B or C); and darkening circles only on the blue lines.]

"Is everyone finished?"

[If no, allow time; if yes, go on]

"Please check that you have:

- written your name, today's date and your teacher's name on the top of the page;
- answered each question with A, B or C; and
- darkened circles only on the blue lines.

"Please lay your papers in front of you when you are finished. We will come and pick them up."

[Pick up papers and carefully check that:

- name, date and teacher's name are on the top of the page;**
- all questions are answered with one response (A, B or C), and;**
- all questions are answered on blue lines only.]**

"We have one last short questionnaire we want you to do. We will pass this out now."

[Rovers and Reader pass out last questionnaire - NCI -Food Frequency Questions, one to each child. Proceed to the NCI - Food Frequency Protocol.]